

Priya Bains, M.A., R. Psych.

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www.createclaritycounselling.com

Professional Summary

Registered Psychologist with over 18 years of experience in clinical practice, leadership, and psychedelic-assisted psychotherapy. Currently serving as Lead Psychologist at ATMA CENA Edmonton Clinic, supporting an interdisciplinary team in trauma-informed, somatic, and psychedelic modalities. Known for clinical depth, compassionate leadership, and an integrative, mindfulness-based approach to healing.

Professional Experience

- Lead Psychologist – ATMA CENA Edmonton Clinic (Dec 2024 – Present)
 - Provide clinical leadership and supervision to a multidisciplinary team of therapists working with psychedelic medicines.
 - Participate in prescriber and interdisciplinary meetings to enhance client care through collaborative discussion.
 - Develop educational materials, webinars, and presentations for therapists and referral networks.
 - Maintain an active caseload providing psychedelic-assisted psychotherapy and integration support.
- Registered Psychologist – ATMA CENA Edmonton Clinic (Sept 2023 – Dec 2024)
 - Facilitated psychedelic integration and therapy within the Psychedelic-Assisted Psychotherapy (PAPT) program.
 - Worked collaboratively with psychiatrists, nurse practitioners, nurses, and sitters in a licensed medical setting.
 - Supported clients using Ketamine, Psilocybin, and MDMA protocols.
- Registered Psychologist – Clarity Counselling (Nov 2012 – Present)
 - Provide individual and couples therapy focused on trauma, attachment, and personal growth.
 - Manage all aspects of private practice, including intake, billing, and report writing.
 - Maintain high client retention through strong therapeutic rapport and clinical excellence.
- Owner / Managing Partner – OEB Breakfast Co. (Oct 2019 – Present)

- Lead a management team of 10 and oversee operations for 2 restaurant locations with 80+ employees.
- Review financial statements and develop strategies for improving profitability and efficiency.
- Oversee construction and renovation projects, liaise with property management, and manage compliance with city and provincial regulations.
- Registered Psychologist / Partner – Lousage Institute (Sept 2007 – Oct 2012)
 - Built a full-time private practice within two years in collaboration with a multidisciplinary team.
 - Managed EFAP programs, intake coordination, and clinician assignments for Enbridge and Health Canada.
 - Organized case consultation meetings and professional development workshops.
- Provisional Registered Psychologist – The Ferrence Group (Jun 2006 – Sept 2007)
 - Developed early competencies in assessment, treatment planning, and private practice management.
 - Cultivated foundational therapeutic approaches and case conceptualization skills.

Education

Master of Arts in Counselling Psychology (With Distinction) – McGill University, Apr 2006

Bachelor of Science (Honours) – Psychology, Minor in Sociology – University of Alberta, Apr 2004

Completed Industrial Internship Program with a focus on Neuropsychology.

Clinical Skills & Strengths

- Trauma-informed and somatic psychotherapy
- Psychedelic-assisted psychotherapy (Ketamine, Psilocybin, MDMA)
- Mindfulness-based and experiential approaches
- Clinical supervision and team leadership
- Workshop facilitation and professional training
- Strong theoretical grounding and rapid case conceptualization

Selected Professional Trainings

Psychedelic-Assisted Therapy Training

- TheraPsil Fundamentals of Psilocybin-Assisted Psychotherapy, 2023 – 133 hours
- TheraPsil MDMA-Assisted Psychotherapy Training, Vancouver BC, Sept 2024 – 113 hours
- MDMA Therapy Clinical Workshop (ATMA), Calgary AB, May 2024 – 14 hours

- Applied Psychedelic-Assisted Therapy: Cases, Conditions & Context, 2023 – 24 hours
- Numinus Fundamentals of Psychedelic-Assisted Therapy, 2023 – 50 hours

Somatic & Trauma Training

- Touch Skills for Trauma Therapists – Kathy Kain, Portland OR (102 hours across 2026)
- Hakomi Certification Program (2012–2016) – 30 weekends of experiential and supervised training
- Janina Fisher's Complex Trauma Certification (CCTP/CCTP-II), 2025 – 50 hours
- Self-Regulation Therapy (Foundation & Developmental Levels), 2006–2010

Additional Professional Development

- Mindful Self-Compassion Intensive – Sedona AZ, 2023
- Competency-Based Clinical Supervision – Dr. Carol Falender, 2022
- Building Resilience in Children Who Have Experienced Trauma – Wilfred Laurier University, 2023
- Brene Brown: Rising Strong Workshop, 2021
- CAP Professional Conference – Keynote: Dr. Gabor Maté, 2017

Professional Affiliations

- College of Alberta Psychologists – Registered Psychologist (#3449)
- Psychologists' Association of Alberta (PAA)

References

Available upon request.